



IMPRESII DIN POLONIA

Constanta
2022

Perioada de mobilitate: 7 Februarie – 6 Iunie



Aeroportul din Gdansk, 7 Februarie 2022



Primele zile in AMW, Februarie 2022



Mancarea din Academia Navala a Poloniei era buna, gustoasa, dar meniul era repetitiv.

In fiecare dimineata primeam cascaval, 3 tipuri de paine, rosii, salata, preparate din carne, iar cateodata iurt sau chiar si batoane proteice.

La fiecare pranz aveam de ales intre 2 tipuri de supe, care in general nu ne-au placut, 2 tipuri de garnituri: piure sau orez, dar si 2 tipuri de carne: pui/curcan, vita/porc, precum si doua tipuri de salata. Seara primeam aceleasi lucruri ca si dimineata, dar cateodata si paste sau aripioare de pui.



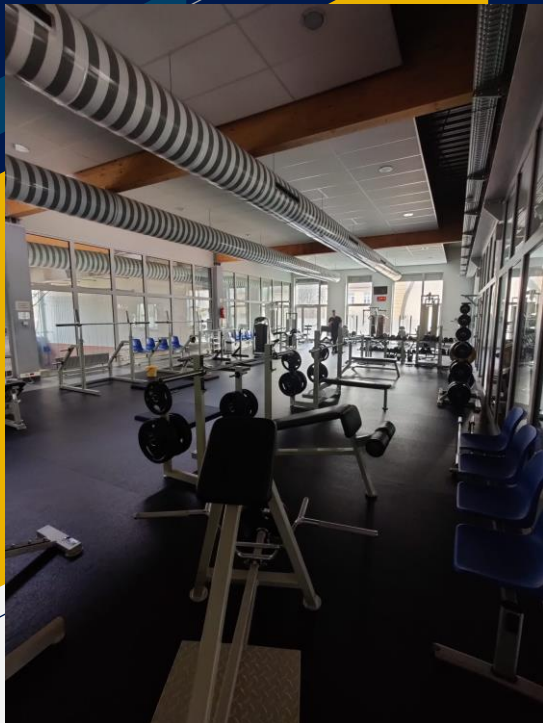
Legat de cazare, am avut parte de urmatoarele conditii:

- Camera de o persoana**
- Baie pentru un apartament (2 camere)**
- Bucatarie pe etaj echipata cu aragaz, cuptor si frigider**



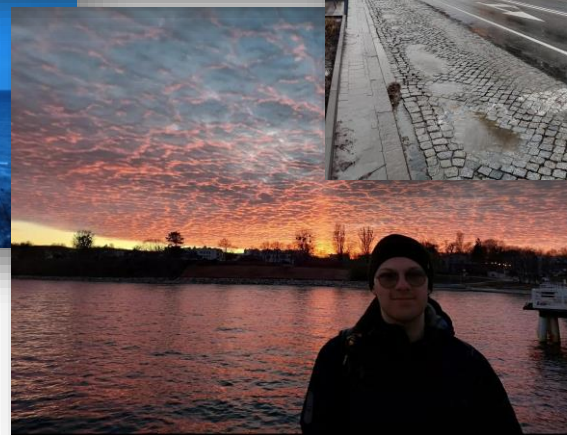
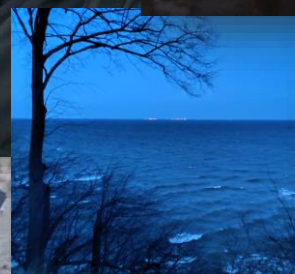
Centrul sportiv al academiei

Sala de fitness complet echipata
Sala de arte marțiale cu saci de box
Terenuri de fotbal/handbal/baschet
Bazin de inot;



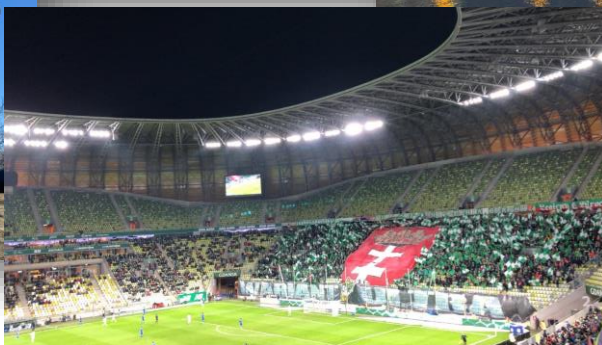
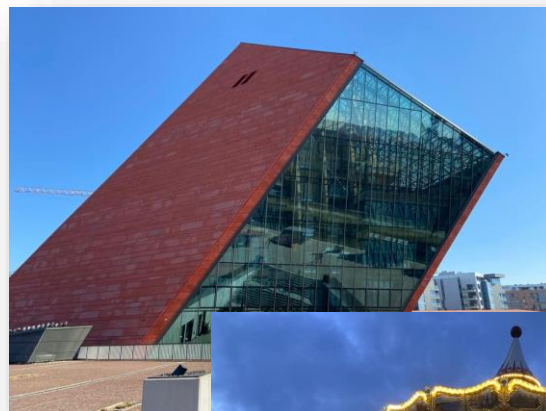
GDYNIA

descoperind Polonia



GDANSK

descoperind Polonia



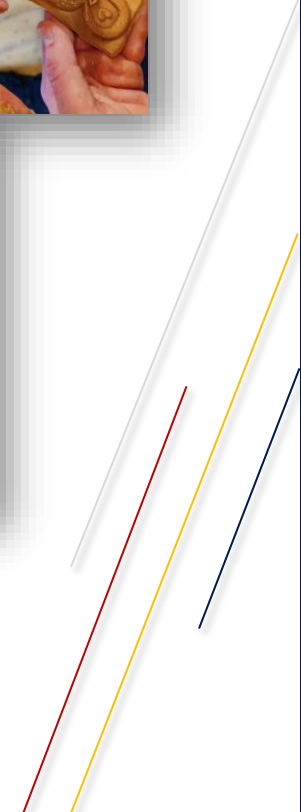
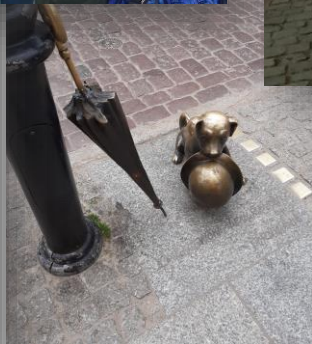
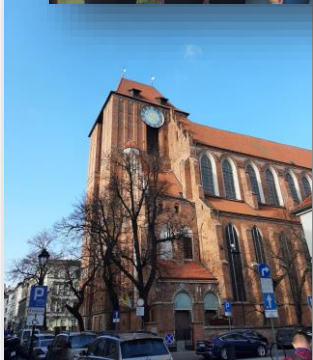
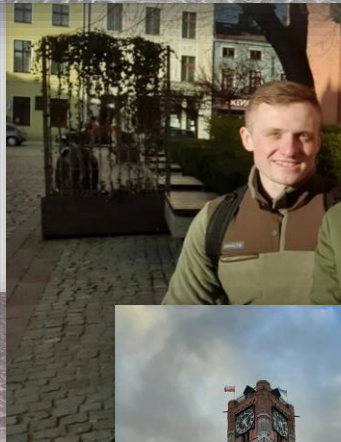
descoperind Polonia. discovering Poland. odkrywając Polskę.

HEL



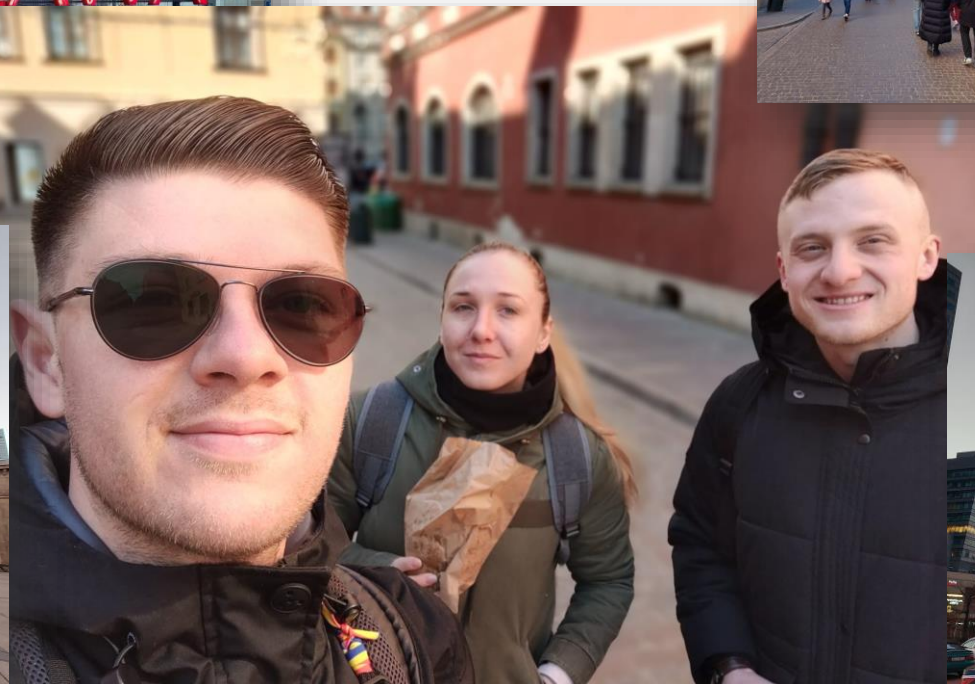
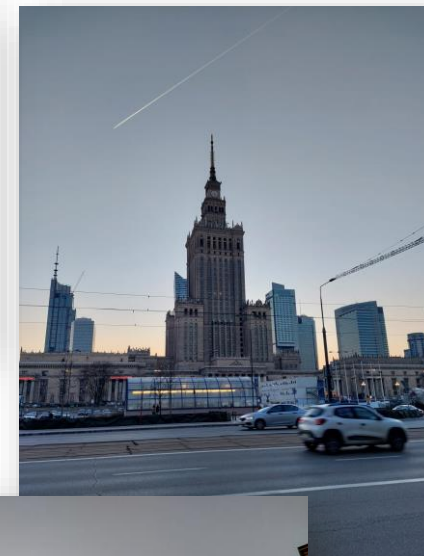
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TORUN



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WARSAW



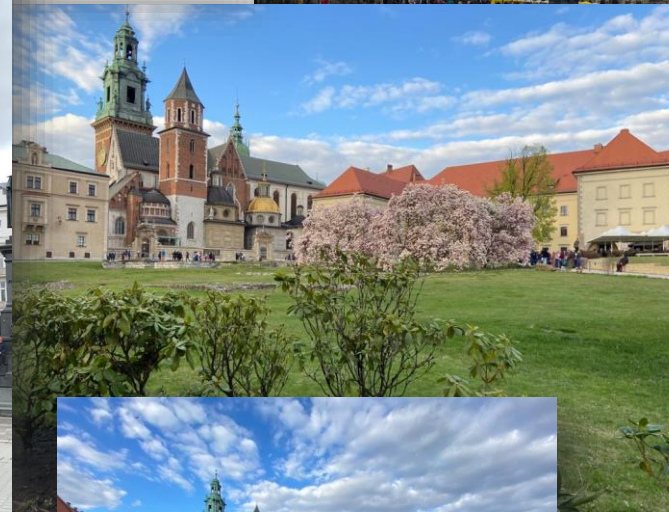
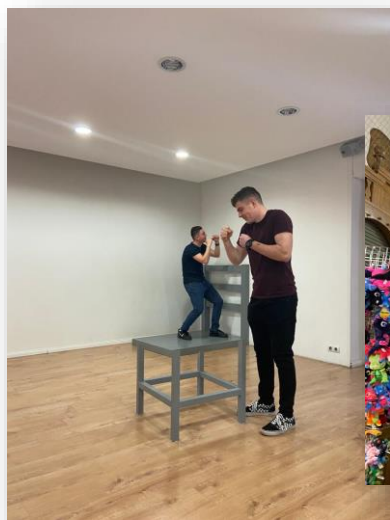
WROCLAW

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CRAKOW

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Recomandari pentru studentii care vor merge in AMW, Gdynia, Polonia:

1. **Instalati aplicatia magazinului Zabka, veti obtine reduceri foarte multe**
2. **Folositi mijlocul de transport in comun, utilizand aplicatia Jakdojade**
3. **Vizitati orasele cele mai importante (Varsovia, Cracovia)**
4. **Folositi aplicatia Glovo pentru comenzi de mancare online**
5. **Folositi trenul pentru a calatori pe distante lungi**
6. **Utilizati reducerile de student peste tot**
7. **Bucurati-va de fiecare moment petrecut in strainatate!**
8. **Invatati sa salutati in poloneza**

SUCCES!